

*Priya Lekha,*

*Image Coach, Consultant and Etiquette Trainer,*

*The Image Lounge – Perceptions Unlimited*

A post graduate from Allahabad University in Commerce, I like to introduce myself as an a result driven professional empowered with 14 years of versatile experience, impacting performance through the training programs. I help people to achieve their individual goals and motivate them towards excellence.

I am a certified Image Consultant trained under the strong mentoring of Judith Rasband, a master IC, trainer certified by National Accreditation Board for Education & Training - QCI and SQA(Recognized by Scottish Govt.) with expertise in soft skills & behavioural trainings.

I have trained varied groups from diverse industries from top level to middle management to front end executives. I can assess Training requirements and customize the training accordingly, execute it and follow up. I firmly believe that each person have been gifted with individuality but most of the times, people are unaware of their own charisma and style. Having specialized in appearance, grooming, behaviour and communication skills, I help people build a positive self-image by enhancing their physical appearances to emanate confidence and professionalism by preparing them for greater success in life.

As a Corporate Trainer I have conducted trainings on Power of personal appearance, First impressions, Dress for success, Personal hygiene and grooming, Body language, Developing a personal brand, Communication skills, How to introduce yourself, Conversation and listening skills, General etiquette, Business etiquette and Business Dining skills, Team building, Time management and Leadership.

These workshops are not industry specific and can be customized according to the requirements of the clients' need.

A Toastmaster at heart, I efficiently mentor people to improve upon their speaking and presentation skills.

Through the Campus to Corporate workshop, I also train students to be confident to face the challenges of the world when they leave the protected environments of their colleges by empowering them with essential Soft skills and Personal grooming and hygiene, Body language and Corporate dressing and Corporate etiquette along with preparing them for the interview.

Priya Lekha

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