

# **Sandeep Gautam**

Pune, India

**Learner | Relator | Maximizer | Arranger | Individualization (Clifton StrengthsFinder)  
Bravery | Curiosity | Love | Love of Learning | Zest (VIA)**

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## **Profile Summary**

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- [Global representative \(India\)](#) for International Positive Education Network (IPEN).
- Gallup certified **Strengths Coach** (<https://www.gallupstrengthscenter.com/Coach/en-US/Profile/126>) at Flourish Mentoring (<http://www.flourishmentoring.com>).
- Passionate about **coaching, mentoring, developing and grooming people**.
- Leadership style focused around increasing happiness, engagement and creativity by **leveraging positive psychology findings** and applying them to workplace and educational institutes.
- An avid **lifelong learner and Courserain**, passionate about psychology, neuroscience and online learning.
- A **passionate psychology and neuroscience blogger** (<http://the-mouse-trap.com>), blogging at invitation-only sites like *Psychology Today*, *Times of India*, and *The Creativity Post*.
- Trained in Psychosocial Counselling by Snehi, a Delhi based mental health NGO, in the year 2000.
- **16+ years** of software development and management experience in the telecom domain.
- **10+ years** of managerial experience in product based companies in telecom domain.
- Architected products and solutions from scratch like Content filtering, URL Blacklisting, Modem Tethering detection, DNS snooping etc. to meet customer requirements
- Creative thinker (2 issued patents) and analytical problem-solver with demonstrated ability to design solutions and guide developers with execution.

## **Indicative Workshops conducted so far**

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- Currently conducting a long time character strengths intervention (weekly classes) with 8th std students of Akshara International School, Wakad, Pune.
- Conducted a long time character strengths intervention (weekly classes) with 9th std underprivileged students of Valley View School, Kondhwa, Pune in year 2016-2017
- Character strengths workshop for class X and XII students of The Orchid School, Pune.
- Strengths based workshop for students of Sunstone Business School, Pune.
- Strengths based workshop for students of Ness Wadia College of Commerce, Pune
- Multiple Strengths based workshops for multiple teams at a big pharma major, Mumbai
- Strengths based workshop for Weiss Rohlig managers, Mumbai
- Mentoring program for Harbinger, Pune
- Positive psychology workshop for students of IIT Gandhinagar.
- Flourishing Life workshop open to public, in Pune
- A special workshop for women for Arrista School of finesse, Pune.
- Informal positive psychology workshops and strengths coaching (including managers) within Cisco, Pune.
- A 3 day Entrepreneurship Development workshop for JT Mahajan College of Engineering, Faizpur.
- A 2 day Campus to Corporate workshop for JT Mahajan College of Engineering, Faizpur.
- A 3day EDP/C2C workshop for Anuradha College of Engineering, Chikhali
- A 3 day Public speaking workshop Anuradha College of Engineering , Chikhali

## **Work Experience**

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**Founder and Chief Mentor, Flourish Mentoring, Pune, India**

Jan 2015 onwards

**Manager, Software Development at Cisco systems ltd., Pune, India**

Mar 2010 to Dec 2014

**First attempt at Flourish Mentoring, Pune, India.**

Sep 2009 to Feb 2010

**Distinguished Member Technical Staff (DMTS) at Starent Networks Pvt Ltd., Pune, India**

July 2006- to Aug 2009

**Group Manager at Redknee Technologies Ltd., Pune, India**

Nov 2005- July 2006

**Technical Leader at Reliance Infocomm Ltd., DAKC, Navi Mumbai, India**

Jan 2005- Nov 2005

**Technical Leader at Hughes Software Systems Ltd., Gurgaon, India**

Nov 1998- March 2004

**Software Engineer at Daewoo Telecom Ltd., Gurgaon, India**

SS7 group

July 1998- Aug 1998

**Academic qualifications**

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- ***Executive Program in Leadership and Management* from IIM Calcutta. (2013)**
- ***Bachelor of Technology in Computer Science and Engineering* from IIT Delhi. (1998)**

**Positive Psychology education**

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- Certificate in ***Foundations of Positive Psychology*** from **University of Penn. (2010)**
- **Gallup-certified strengths coach (certificate issued May 2014)**
- 96 % marks in ***The Science of Happiness*** from **The University of Berkeley, edX**
- Completed ***Cultivating a Character Strengths Focus*** from **Wholebeing Institute/VIA**
- Completed ***Finding the Power in Self-Control*** Master Class with **Roy Baumeister, MentorCoach.**

**Independent Coursework (MOOC's)**

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**Leadership and Strategy**

- **Inspiring Leadership through Emotional Intelligence**, Case Western Reserve University, Coursera
- **Leading Strategic Innovation in Organizations**, Vanderbilt University, Coursera
- **Innovation for Powerful Outcomes**, Swinburne University of Technology, Open2Study
- **Creativity, Innovation and Change**, The Pennsylvania State University, Coursera
- **Model Thinking**, Univ. of Michigan, Coursera
- **Game Theory**, Stanford University/The University of British Columbia, Coursera
- **Foundations of Business Strategy**, University of Virginia, Coursera
- **Competitive Strategy**, LMU, Coursera
- **Advanced Competitive Strategy**, LMU, Coursera
- **On Strategy: What Managers Can Learn from Great Philosophers**, Ecole Centrale Paris, Coursera
- **DQ101: Introduction to Decision Quality**, Strategic Decisions Group, NovoEd
- **Critical Perspectives on Management**, IE business school, Coursera

**Psychology and Neuroscience**

- **The Science of Happiness**, University of Berkeley, edX
- **A Beginner's Guide to Irrational Behavior**, Duke University, Coursera
- **Teaching Character and Creating Positive Classrooms**, Relay Graduate School of Education, Coursera
- **Applying Principles of Behavior in the K-12 Classroom**, University of Houston System, Coursera
- **Resilience in Children Exposed to Trauma, Disaster and War: Global Perspectives**, University of Minnesota, Coursera

- **Introduction to Psychology**, University of Toronto, Coursera
- **Introduction to Psychology as a Science**, Georgia Institute of Technology, Coursera
- **Introduction to Clinical Neurology**, University of California, San Francisco, Coursera
- **Introduction to Neuroeconomics: how the brain makes decisions**, HSE, Coursera
- **Computational Neuroscience**, University of Washington, Coursera
- **Synapses, Neurons and Brains**, Hebrew University of Jerusalem, Coursera
- **Fundamentals of Neuroscience, Part 1**, Harvard, edX
- **Social Psychology**, Wesleyan University, Coursera
- **Animal Behavior**, The University of Melbourne, Coursera
- **Neuroethics**, University of Pennsylvania, Coursera
- **The Social Context of Mental Health and Illness**, University Of Toronto, Coursera
- **"Pay Attention!!" ADHD Through the Lifespan**, University of Pennsylvania, Coursera
- **Care of Elders with Alzheimer's Disease and other Major Neurocognitive Disorders**, John Hopkins University, Coursera
- **The Addicted Brain**, Emory University, Coursera
- **Statistical Analysis of fMRI data**, John Hopkins University, Coursera
- **Measuring Causal Effects in the Social Sciences**, University of Copenhagen, Coursera
- **Questionnaire Design for Social Surveys**, University of Michigan & University of Maryland, Coursera

### Genetics and Evolution

- **Introduction to Biology – The Secret of Life**, MIT, edX
- **Introduction to Genetics and Evolution**, Duke University, Coursera
- **Genes and The Human Condition**, University of Maryland, College Park, Coursera
- **Useful Genetics**, The University of British Columbia, Coursera
- **Becoming Human: Anthropology**, Macquarie University, Open2study
- **Epigenetic Control of Gene Expression**, University of Melbourne, Coursera
- **Genomic Medicine Gets Personal**, Georgetown university, edX

### Miscellaneous

- **Introduction to Philosophy**, University of Edinburgh, Coursera
- **Introduction to Communication Science**, University of Amsterdam, Coursera
- **Unpredictable? Randomness, Chance and Free Will**, National University of Singapore, Coursera

### Interests & Activities

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- Passionate about applying positive psychology principles to work and school settings
- Curate Psychology related articles using Scoop.it (<http://www.scoop.it/u/sandeep-gautam>)
- **Social work**: was an active member of HSS Reachout Activity group. Started a similar organization, CMS, while in school.
- Actively involved with socially responsible NGOs like Snehi and KarmMarg.
- Was Secretary of IIT Delhi Alumni association, NCR south chapter, and Past Cultural Secretary of IITD hostel; organized activities in TRYST (academic festival) and RENDEZVOUS (cultural festival) while in IITD.
- Was an active member of 11th Hour Productions, the theatre troupe at HSS
- Creative Writing (prose and poetry). Past editor of IITD newsletter and magazine. A novella 'The Sculptor and The Sandman' published by Lulu.

### Personal Particulars

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Gender	:	Male
Date of Birth	:	September 17, 1976
Citizenship	:	Indian
Passport No.	:	H6245659 (valid till Aug 2019)

### References:

Available on request.